



Win a charm Pack by finding all the derivations of the work "Quilt" in this Newsletter at the March Meeting

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CATHY'S CORNER

Another month, can you believe it's March already? It's going to be hard to beat February! We had a great retreat and I think it was the best!!! What a wonderful group of women, we had such a fun time together, I can't wait until next year. I am sorry if you missed the retreat because of one thing or another, hope to see you next year. Just keep February in your thoughts.

- ◆ We made 20 jelly roll quilt tops as our charity project for Fisher House, and two were finished/quilted (there is always a few that shine).
- ◆ The sisters taught us a class on a Jewelry pouch. Many completed their's at retreat, as I said there is always a few that shine, Ha Ha).
- ◆ Ruthie and her gang finished 25 small quilts for charity.

With all the great things we accomplished at retreat, we came home to a fun February General Meeting. We had 14 crock pots of soup, and all the deserts you can eat, a great show and tell, exchanged valentines, and did I mention we did our share of eating. What a great time!!! Unfortunately, we had to say good bye to our dear friend, Bonnie Hamlett. She and her family are moving to Idaho, we'll miss her but, we're happy for her, as they've been planning this move for a long time. A little bird told me she has a place big enough for a retreat! **Goodbye Dear Friend**

The March Program is going to be very interesting! Our Vice President, Beth Boyer, has a guest speaker. We're taking a trip to Africa to visit women from some small towns, and learn what they're doing. Don't forget show & tell (please remember only 2 per person). I'll have more information on upcoming meeting events at the March General Meeting.

TIP OF THE MONTH: This is not really a tip, it is a recipe for the Broccoli Cheese Soup that won the cook-off at our February Meeting. As I told you we had 14 wonderful soups. The prize for best soup was \$25.00, and I won, so I promised to share the recipe.

Prep time: 25 min, makes 5 servings, 1 cup each

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|------------------------|--|
| 3 Tbsp butter | 1 cup half/half |
| 1/2 cup chopped onions | 8 oz VELVEETA cut into cubes |
| 3 Tbsp flour | 1 (10oz) frozen chopped broccoli, thawed and drained |
| 1 can chicken broth | |

Directions: Melt butter in saucepan on medium heat. Add onions, cook 3 to 5 min until crisp tender. Stir Often, whisk in flour until blended, add broth and milk, cook 2 min or until heated through. Stirring frequently, add cheese and broccoli, cook 5 min or until cheese is melted and broccoli heated through. Simmer

Cathy Miller

President, Las Vegas Quilters Guild
chefcathyrose@gmail.com



Charity Programs by Chair, Ruthie Kerr

There are many Charity Programs to become involved with or donate towards. Please bring donations to Membership Meetings. Here the active charity programs, but feel free to suggest others:

- ◆ **Project 150 Homeless Teens:** Donate backpacks, toiletries, school supplies, nonperishable foods (i.e., fruit rollups, pop top cans of fruit, pudding cups, instant oatmeal, granola bars, etc.).
- ◆ **Pillowcases** for Children at local hospitals, Child Haven, etc. A pattern is on our website
- ◆ **Hats & Receiving Blankets** for preemies in neonatal units. Pictured on the website are isolette blanket donations to NICU Centennial Hospital.
- ◆ **Scraps for Pet Beds**, for our local 'no kill' shelters
- ◆ **Quilts** for Child Haven, Fisher House, VA Hospital, NLV Police Child Crisis,
- ◆ **Quilts of Valor** for NV Service men & women: Make or donate quilt tops, a finished block, or fabric (red, white, blue, cream, gold, or patriotic
- ◆ **Quilts for Vegas Strong Resiliency Center** (1 October Survivors).

Members

Five guests attended the February Meeting, one joined, Hooray! **Our New Member is Charmonte Malbon!**

New Members and Guests: We encourage you to please reach out to our Guild members, don't be bashful, ask questions, and enjoy what we have to offer.

Guild Members: A friendly reminder please, if you see a new face, or someone struggling, please smile, offer assistance, ask them to join your table, etc.

ATTENTION === NEEDED === ATTENTION

The Las Vegas Quilters Guild needs people for the following Committees please:

- ◆ Programs (they're planned thru June right now, mentorship available).
- ◆ Opportunity Quilt Fundraiser (mentorship available)
- ◆ Newsletter (must have Publisher on your computer, mentorship available)
- ◆ Annual Christmas Party (mentorship available)

LVQ Opportunity Quilt Fundraiser

Our "**Sunrise Scraps**" Opportunity Quilt was made by members of our Guild, featuring over 4000 pieces, an appliqued center medallion, and quilted by Linda Natale. It has earned the following accolades:

- 1st Place, Shadow Mountain Quilters, Group Division
- Best Piecing, Shadow Mountain Quilters
- 2nd Place, Desert Quilters Nevada, Group Division

The Opportunity Quilt is one of our **major fundraisers** to help cover Guild operating expenses. Please participate by buying raffle tickets at meetings and events to win this beauty! It will be raffled off during the December 2020 meeting. For questions, contact Cindy Heller at hellerck@cox.net.



Third Annual Spring Tea

You are invited to spend an enjoyable afternoon of tea, conversation and visiting with friends and family at the Guild's Third Annual Spring Tea. It will be held on **Sunday, April 26 from 1-2:30pm** at the Tichenor's home (Craig and Cimarron). Not only is this an opportunity to have a fun afternoon, but also show support for the Guild as it is a major fundraiser. Everyone will be given a favor, and all will be eligible to receive a door prize. We will continue with our delicious and varied bake sale so you can enjoy treats after the Tea. We also have some raffle items: a hot air fryer, a 4 wheeled carry-on suitcase, a sewing machine tote, a quilting basket and a Golden Knights basket. Tickets for the Tea will be available at the March and April Guild meetings for \$30.00 each. Invite your family and friends. Please plan on attending the Tea; we look forward to seeing you there. And, as always, thank you for your generous support of the Guild. Cheers!

Quick Tips by Phyllis Suiter

SUPERIOR EDUCATION

UNDERSTANDING THREAD WEIGHT

THREAD WEIGHT • THREAD DIAMETER • COMPOSITION

Superior threads explains about Thread Weights and differences between Japanese and US thread measurements. [Check it Out](https://www.superiorthreads.com/education/understanding-thread-weight)

<https://www.superiorthreads.com/education/understanding-thread-weight>

SUPERIOR EDUCATION

CAUSES OF THREAD SHREDDING

TENSION • NEEDLES • THREAD QUALITY

Superior Threads explains about matching Thread weight to Needle Size

[Click link to find out](https://www.superiorthreads.com/education/thread-shredding)

<https://www.superiorthreads.com/education/thread-shredding>



Las Vegas Quilter 2020 Quilt Challenge

Theme: “1820-2020 What’s Old is New Again”



Acknowledging that we have entered a new decade, the LVQ 2020 challenge is a once-in-a-lifetime celebration of incorporating a mystery traditional quilt block into your own creation with a modern spin on it. So far we’ve had 18 members sign up!

* * * * *

This year’s challenge begins by you drawing a mystery traditional block.

1. The traditional block pattern you draw must be incorporated into your own modern 2020 version of a quilt. A web address will be included to show you where you can go for the free pattern. You may repeat the block to comprise the total pattern of your quilt or item.
2. You must use the year “2020” somewhere in your quilt.
3. Size: As small as a postcard, a greeting card, a special scrapbook page, a mug rug, a mini quilt but no larger than 30” x 30” (maximum perimeter: 120 inches) and anywhere in between. You may also incorporate your mystery traditional block into clothing or a bag. You can make your mystery traditional block any size you desire.
4. If you chose to make a quilt, your quilt must have three layers and must include a label on the back. **Pin the mystery traditional quilt you drew to the bottom righthand corner of your creation and be sure to put a label on the back of the quilt.**
5. You cannot use quilts or items that you created in the past. Your entry must be fresh for this challenge. (Again, you cannot take something you have already made and slap whatever traditional block you have made onto it.)
6. Items should be received by 6:15 p.m., on **Wednesday, July 8, 2020***, so they can be included in the display. (*Due date may change.)
7. Once the voting has taken place, a show-and-tell will be conducted during our meeting before announcing the winners (1st, 2nd, 3rd places), so you can walk us through your inspiration and design process.

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Get those creative juices flowing and we can’t wait to see what you design!

Sources to find block patterns:

1. www.quilterscache.com/quiltblocksgalore
2. Moda Blockheads 3 SewAlong (search term)
3. quiltingassistant.com/log (for Free Traditional Log Cabin Block)
4. generations-quilt-patterns.com/free-quilt-block-patterns.html





QUILTING/SEWING TERMS WORD SEARCH

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Q	U	R	T	R	I	A	N	G	L	E	O	I	B	R	O
M	W	A	B	I	N	D	I	N	G	M	L	I	O	E	N
A	S	R	L	A	I	R	O	T	U	T	A	D	E	E	J
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H	C	Y	A	E	F	T	F	O	Q	C	R	K	E	I	C
B	C	E	R	N	T	A	O	E	C	H	I	I	H	O	A
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| APPLIQUED | CUT | WALKING FOOT | MSQC | FREE SPIRIT | UFO | <input type="checkbox"/> |
| STITCH IN THE DITCH | TRIANGLE | FQS | PAT SLOAN | BIAS | HST | |
| LAYER CAKE | JELLY ROLL | TUTORIAL | HEXI | GUILD | OPEN TOE | |
| CHARM PACK | STASH | NINE PATCH | NEEDLE | BINDING | BIAS | |
| BATTING | QUILTER | BORDER | CHURN DASH | SEAM | TRIM | |
| NEEDLE | FOOT PEDAL | FREE MOTION | FQ BUNDLE | SEWING MACHINE | | |
| FAT QUARTER | KAFFE | OHIO STARS | MODA | FRAY CHECK | MINKY | |
| THREAD | COLOR | COTTON | RULER | GLUE | PRESS | |

2020 BOARD MEMBERS

President	Cathy Miller
Vice President	Beth Boyer
Secretary	Chris Ela
Treasurer	Cathy Gordon

STANDING COMMITTEE CHAIRS

Charity Coordinator	Ruthie Kerr
Christmas Party	TBD
Hospitality	Darlene Mast & Anne Marie Burge
Membership	Pamela Sutton
Newsletter	Cindy Heller
Opportunity Quilt Programs	Cindy Heller
Refreshments	TBD
Sunshine	Darlene Mast & Anne Marie Burge
Ways & Means	Del Billmire
Webmistress	Linda Cromley & Del Billmire
	Phyllis Suiter

Happy Birthday Quilters

Diana Kiley	3/1	Linda Murray	3/16
Donna Cregar	3/2	Patricia Fruge	3/17
Ruthie Kerr	3/4	Pam Parisien	3/22
Gina Fiddes	3/7	Beth Boyer	3/24
Jo Ann Lawrence	3/9	Tyler Janes	3/24
Linda Henning	3/13	Mable Pitagi	3/26
Teresa Howard	3/13	Kathleen Schwab	3/26
Marsha Law	3/13	Laurel Trant	3/26



General Membership Meetings

2nd Wednesday of each month, 6:30 pm—8:30 pm, St. Andrew Lutheran Church, 8901 Del Webb Blvd. Membership Fee is \$20 per calendar year.

Board Meetings: as determined and advertised by the President.

Contact Us

Website (click address):

www.lasvegasquilters.com/

email: lvqwebmaster@gmail.com

Emails will be forwarded to correct respondent.

Write: Las Vegas Quilters
P.O. Box 36296
Las Vegas, NV 89133



Sunshine by Del Billmire

Cards of encouragement and well-wishes are sent to members that we know are going through difficulty (i.e., surgery, grief, etc.), as well as birthday greetings via email. If you know of anyone who could use encouragement, or whose birthday we missed, please contact me at lasvegasdel@embarqmail.com



NEWSLETTER ADS

If you have news, tips, articles, or advertisements you'd like to share, please send them to Cindy Heller: hellerck@cox.net. The deadline for articles is the 23rd of each month.

Advertising Rates:

Full Page	\$50.00	Quarter Page	\$12.50
Half Page	\$25.00	Business Card	\$ 5.00

Checks should be made payable and mailed to Las Vegas Quilters Guild, P.O. Box 36296, LV, NV 89133

NOTE: All members may place one business card size ad for free, once every 12 months, for personal or business purposes.

